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| **Guide to completing CPPD record log. FORM CPPD1** |
| **Examples of learning method*** Online learning
* Course attendance
* Independent learning
* Peer discussion
 | **What was the topic?**Please give a brief outline of the key points of the learning activity, what you learnt, and how you have applied what you learnt to your practice. | **What are the requirements?**A *minimum* of 10 hours per annum for each modality is required.The remainder to achieve 50 hours should reflect your scope of practice and you should be able to evidence this.CPPD or reflective practice which relates to supervisor or patient feedback may also contribute to your **audit** requirements (see separate)You should retain this record as evidence should JCCP or your statutory regulator request it. |

Please provide the following information for each learning activity, until you reach 50 hours of CPD (of which 20 hours must be participatory). For further information, please refer to the Guidance notes.

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| **Dates:** | **Method**Please describe the methods you used for the activity (e.g. conference attendance, self-directed learning, review of research, study day) | **Topic(s):** | **Modality (or Personal/non-modality**  | **Number of hours:** | **Number of participatory hours:** |
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(Please add rows as necessary)